

S6 Table. Electromyography amplitude (RMS) of Biceps Femoris muscle during sprints with (45° or 90°) one change of direction

	Electromyographie amplitude (% RMS SL)		
	45°	90°	90° ₂₅
Player 1	100.1	108.2	98.9
Player 2	109.7	109.7	110.7
Player 3	104.3	106.3	110.2
Player 4	95.0	105.6	109.9
Player 5	96.4	101.0	101.7
Player 6	107.5	105.5	107.9
Player 7	96.2	105.9	108.2
Player 8	102.2	105.7	110.2
Player 9	94.1	106.7	106.3
Player 10	108.6	105.5	105.0
Player 11	99.3	102.3	104.7
Player 12	107.1	109.2	97.7

SL: straight-line; COD: change of direction; 45°: 20-m sprint with one 45°-COD; 90°: 20-m sprint with one 90°-COD; 90°₂₅: 25-m sprint with one 90°-COD; %RMS SL: percentage of straight-line sprint's electromyography amplitude