**Supporting Information 3**

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| **Item** | | **Criteria to score as adequately reported** |
| 1 | Title | The title of the manuscript contained a word with random\* in its root. |
| 2 | Trial design | The trial design was described using specific words (e.g. non-inferiority, cluster, parallel, etc.) |
| *Methods* | | |
| 3 | Participants | Both in- AND exclusion criteria, AND settings where the data were collected are stated. |
| 4 | Interventions | The interventions were described. |
| 5 | Objective | Objectives OR hypotheses was stated. |
| 6 | Outcome | The primary outcome was mentioned. |
| 7 | Randomisation | The allocation of participants to interventions was described. |
| 8\* | Blinding | When applicable, details of blinding were provided. |
| *Results* | | |
| 9 | Numbers randomised | Numbers randomised to each group are described. |
| 10 | Recruitment | Dates of recruitment and follow up period stated. |
| 11 | Numbers analysed | Numbers analysed in each group are described. |
| 12 | Outcome | For the primary outcome, group results are provided with effect size or precision. Only p-values reported was not considered to be adequately reported. |
| 13 | Harms | Harms or adverse events described for all groups. When no adverse events occurred, this must also be stated. |
| 14 | Conclusions | General interpretation of the results must be described. |
| 15 | Trial registration | Name of trial registry and trial registration number are provided. |
| 16 | Funding | Sources of support or funding were mentioned. |