**Appendix**

ACT items in analyses

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| 1. Spend time with other people |
| 1. On the phone |
| 1. Talking one-on-one |
| 1. Talking in a group |
| 1. Talking to the same sex |
| 1. Talking to opposite sex |
| 1. Laughing |
| 1. Singing |
| 1. Listening to music |
| 1. Watching TV |
| 1. On the computer |
| 1. Attending class |
| 1. Socializing |
| 1. Indoors |
| 1. Outdoors |
| 1. Commuting |
| 1. At coffee shop/bar/restaurant |