Table S1. Non-sedating H1-antihistamines used as initial treatment

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| **Prescribed H1-antihistamines** | **N. of patients\*** | **%** |
| Levocetirizine | 140 | 55.5 |
| Fexofenadine | 69 | 27.4 |
| Ebastine | 31 | 12.3 |
| Loratadine | 8 | 3.2 |
| Bepotastine | 2 | 0.8 |
| Mequitazine | 2 | 0.8 |

\* The number of patients prescribed each single agent of non-sedating H1-antihistamine for initial treatment