|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Country | Energy (kcal) | Zinc (mg) | Zinc from ASF (%) | Phytate (mg) |
| Azerbaijan\* | 21.3 | 20.5 | -29.0 | 30.2 |
| Bhutan\*\* | 0.2 | -1.1 | 0.8 | -1.5 |
| Botswana\*\* | 1.2 | -8.0 | -17.7 | -4.9 |
| Bulgaria\* | -15.8 | -24.8 | -6.9 | -16.3 |
| Burundi\* | -9.0 | -19.3 | -2.7 | -23.4 |
| Cuba\* | 13.3 | 23.1 | -37.2 | 74.6 |
| DPR Korea\*\* | -5.1 | -14.3 | -18.5 | -15.3 |
| DR Congo\*\* | -27.5 | -27.9 | -1.2 | -24.8 |
| Gambia\*\* | -5.9 | -6.8 | 2.4 | -0.8 |
| Iran (Islamic Republic of)\* | 4.9 | 2.5 | 17.1 | -2.4 |
| Kuwait\* | 14.4 | 5.2 | -12.9 | 14.7 |
| Latvia | -3.8 | 0.0 | -18.1 | 25.7 |
| Lesotho\* | 4.3 | 2.8 | -12.9 | 5.7 |
| Liberia\*\* | -7.6 | -12.5 | -9.9 | -6.5 |
| Libyan Arab Jamahiriya\* | -2.2 | -9.1 | -18.0 | -0.2 |
| Madagascar\* | -5.5 | -13.8 | -28.1 | 0.8 |
| Oman\* | 1.7 | 1.3 | -0.5 | 1.0 |
| Qatar\*\* | -1.1 | -1.9 | -2.8 | -1.2 |
| Republic of Moldova\* | -2.6 | -11.0 | -19.8 | 7.2 |
| Saudi Arabia\* | 9.8 | 4.9 | 2.0 | 7.1 |
| Slovakia\* | -2.3 | -17.2 | -13.1 | -5.4 |
| Tajikistan\* | -10.1 | -23.7 | -32.0 | -8.4 |
| Turkey\* | -3.9 | -7.7 | -0.6 | -7.6 |
| United Arab Emirates\* | -2.8 | -4.7 | -23.9 | 17.0 |

\*Countries at a moderate risk of inadequate zinc intake (estimated prevalence 15-25%) in 2005. \*\*Countries at a high risk of inadequate zinc intake (estimated prevalence >25%) in 2005.