

Item	effect size
I don't consider myself especially "light-hearted". (+)	.24
I am not a cheerful optimist (+)	.23
I often feel tense and jittery (-)	.23
Sometimes I bubble with happiness (+)	.22
I rarely feel lonely or blue (-)	.21
I am a cheerful, high-spirited person (+)	.21

Items for which the scores between the two E_{κ} groups (E_{κ} values above and below the median of E_{κ} values) differed with effect sizes of Cohen's $d \geq .2$. A plus sign indicates that scores were higher ("agree") for individuals with lower E_{κ} values, the minus sign indicates that scores were lower ("disagree") for individuals with lower E_{κ} values. For example, individuals with lower E_{κ} values had higher scores agreeing to the statement of not being a cheerful optimist. Cohen's d was computed using Hedges' bias correction. When comparing the scores of these items between groups using two-samples t -tests, p -values were $< .05$ in each of the tests.