

Table S3. Multi-variable adjusted RRs and 95%CI for stroke-related mortality in the original articles in this meta-analysis

Source	Comparison	Model	RR (95%CI)	Adjustment for Covariates
Kaushik et al, 2009	Highest tertile (Median, 60.6) <i>versus</i> lowest (Median, 52.4)	Multivariate ^a	1.91 (1.01-3.47)	Age; gender; SBP; DBP; antihypertensive medication use; BMI; smoking status; educational qualifications; fair or poor self-rated health; history of MI and stroke; and presence of diabetes.
Oba et al, 2010 (Men)	Highest quartile (Mean, 70.3) <i>versus</i> lowest (Mean, 58.0)	Model 1 Multivariate ^a	0.82 (0.49-1.37) 0.78 (0.41-1.47)	Age Additional adjustment for BMI; smoking status; physical activity; reported history of hypertension; education; and intake of total energy, alcohol dietary fiber, salt and total fat.
Oba et al, 2010 (Women)	Highest quartile (Mean, 70.0) <i>versus</i> lowest (Mean, 58.3)	Model 1 Multivariate ^a	2.46 (1.30-4.63) 2.09 (1.01-4.31)	Age Additional adjustment for BMI; smoking status; physical activity; reported history of hypertension; education; and intake of total energy, alcohol dietary fiber, salt and total fat.

Abbreviations: GI, glycemic index; BMI, body mass index; MI, myocardial infarction; SBP, systolic blood pressure; DBP, diastolic blood pressure; RR, relative risk; CI, confidence interval