
**Enrollment**
- Assessed for eligibility (n=25)
- Excluded (n=5)
  - Not meeting inclusion criteria (n=3)
  - Declined to participate (n=2)
  - Other reasons (n=0)

**Allocation**
- Non Randomized (n=20)
- Allocated to intervention (n=20)
  - Received allocated intervention (n=20)
  - Did not receive allocated intervention (n=0)

**Follow-Up**
- Lost to follow-up (gait analysis to stressful) (n=2)
- Discontinued intervention (n=0)

**Analysis**
- Analysed (n=18)
- Excluded from analysis (n=0)