Enrollment

Assessed for eligibility (n=64)

- Excluded (n=34)
  - Not meeting inclusion criteria (n= 2)
  - Declined to participate (n= 32)
  - Other reasons (n= 0)

Randomized (n= 30)

Allocation (T0)

- Allocated to intervention (n=15)
  - Received allocated PA intervention (n= 15)
  - Did not receive allocated PA intervention (n= 0)
- Allocated to control group (n=15)
  - Received allocated TAU (n=15)
  - Did not receive TAU (n=0)

Follow-Up (T1)

- Lost to follow-up (n=0)
- Discontinued intervention (n= 0)

Follow-Up (T2)

- Lost to follow-up (hospitalized) (n=2)
- Discontinued intervention (n= 0)
- Lost to follow-up (caregiver died) (n=1)
- Discontinued intervention (n= 0)

Analysis

Analysed (n= 13)
- Excluded from analysis (n=0)

Analysed (n= 14)
- Excluded from analysis (n=0)