S1 Fig. Study flowchart: from recruitment of schools to number of returned completed questionnaires.

- Year 4 pupils at participating schools N = 1808
- Participating pupils N = 1112
  - Completed health assessment N = 1018
    - Did not N = 117
    - Completed questionnaire N = 901
  - Completed questionnaire, but not health assessment N = 94
    - Total completed questionnaires N = 995