Figure S1. Flow diagram reporting the number of records identified, excluded and added during the screening process.

- Records identified through database searching ($n = 2012$)
- Additional records identified through other sources ($n = 3$)
- Records after duplicates removed ($n = 1240$)
- Records screened ($n = 1240$)
- Records excluded ($n = 1036$)
- Full-text articles assessed for eligibility ($n = 204$)
- Full-text articles excluded, with reasons ($n = 153$)
- Studies included in qualitative synthesis ($n = 51$)
- Studies included in quantitative synthesis (meta-analysis) ($n = 51$)