Supporting Information 1: Recruitment and compilation of experts.

Researchers identified through literature
N = 66
sport/healthy: n=11
rehabilitation: n=55

Researchers identified through networks
N= 36
sport/general: n= 21
rehabilitation: n=15

Therapists identified through networks
N=12

Recruitment round
N= 114 invited

Excluded
n= 4 no working mail address/retired
n=7 refused to participate
n= 1 unavailable during study period

Recommended by invited experts:
N=49
Invited to recruitment round:
N=41
n=2 recommended twice
n=6 already invited

Agreed to participate:
N=16
n= 8 Researcher
n=8 Therapist/coach

Final expert panel
N=55

Invited: n = 54
Round 1:
N=49
n=1 did not complete round one, but only round 2
withdrawal: n= 1
non-response: n=5

Invited: n = 48
Round 2:
N=44
withdrawal: n= 2
non-respons: n=9

Round 3:
N=36
non-response: n=12

*Boxes of Round 1 are dashed as results of this round are not taken into account in this article