Inhaled Lactonase Reduces *Pseudomonas aeruginosa* Quorum Sensing and Mortality in Rat Pneumonia

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Abstract

**Rationale:** The effectiveness of antibiotic molecules in treating *Pseudomonas aeruginosa* pneumonia is reduced as a result of the dissemination of bacterial resistance. The existence of bacterial communication systems, such as quorum sensing, has provided new opportunities of treatment. Lactonases efficiently quench acyl-homoserine lactone-based bacterial quorum sensing, implicating these enzymes as potential new anti-*Pseudomonas* drugs that might be evaluated in pneumonia.

**Objectives:** The aim of the present study was to evaluate the ability of a lactonase called SsoPox-I to reduce the mortality of a rat *P. aeruginosa* pneumonia.

**Methods:** To assess SsoPox-I mediated quorum quenching, we first measured the activity of the virulence gene lasB, the synthesis of pyocyanin, the proteolytic activity of a bacterial suspension and the formation of biofilm of a PAO1 strain grown in the presence of lactonase. In an acute lethal model of *P. aeruginosa* pneumonia in rats, we evaluated the effects of an early or deferred intra-tracheal treatment with SsoPox-I on the mortality, lung bacterial count and lung damage.

**Measurements and Primary Results:** SsoPox-I decreased PAO1 lasB virulence gene activity, pyocyanin synthesis, proteolytic activity and biofilm formation. The early use of SsoPox-I reduced the mortality of rats with acute pneumonia from 75% to 20%. Histological lung damage was significantly reduced but the lung bacterial count was not modified by the treatment. A delayed treatment was associated with a non-significant reduction of mortality.

**Conclusion:** These results demonstrate the protective effects of lactonase SsoPox-I in *P. aeruginosa* pneumonia and open the way for a future therapeutic use.

Introduction

The dramatic increase of antibiotic resistance in bacterial isolates from intensive care unit (ICU) patients leads to an important reduction of therapeutic arsenal [1][2,3][4,5]. Alternative approaches to combat multidrug-resistant strains are under extensive research, especially using molecules that can reduce bacterial expression of virulence factors [1–3][6].

Expression of virulent phenotypes of numerous pathogenic bacteria is activated when the pathogen senses that a critical population density has been reached. This ability relates to the quorum sensing (QS) by which bacteria can sense messenger molecules thus virulence genes are activated [7]. This communication ability enables the bacteria to coordinate bacterial population behavior during the invasion of a host [8][9].

Acyl-Homoserine Lactones (AHLs) are QS molecule messengers used by a large number of Gram-negative bacteria, including *Pseudomonas aeruginosa* [10]. These bacteria are able to form biofilms whose maturation is regulated through QS [11]. Biofilms have been implicated in antibiotic resistance in chronic *P. aeruginosa* infections, primarily through the limitation of the diffusion of antibiotics into the bacterial colonies [12]. *P. aeruginosa* possesses two different AHL-based QS systems: the LasI/R and RhlI/R with their respective cognate 3-oxo-C12 AHLs and C4 AHLs messenger molecules [13].
The inhibition of bacterial virulence by targeting QS mechanism can be mediated by (i) the inhibition of the messenger production, (ii) inhibition of its detection, both known as QS inhibition/inhibitors [14,15][16], or (iii) the elimination of the messenger known as quorum quencher (QQ) [17,18] thus alteration of the P. aeruginosa QS system can attenuate its virulence. In pneumonia, the efficacy of QS modulation has been tested at the genomic level with reduction in lethality of infected animals [9]. Therapeutic management of animals with pneumonia has been tested with QS inhibitors such as furanones and patulin showing that these molecules can increase the clearance of bacteria in mice infected with P. aeruginosa [19,20][21]. Because some in vitro studies suggest toxicity of furanones and patulin [22][23], other QS inhibition options are under investigation [24] among which the use of lactonases or acylases enzymes [10][25].

Lactonases efficiently decrease the production of virulence factors and biofilm by P. aeruginosa in vitro [26][27], and may therefore represent an alternative and promising strategy for reducing bacterial virulence. The efficacy of lactonases to decrease bacterial virulence has been reported in several hosts [28,29][30]. In a recent in vivo study on mice with pneumonia [31], the use of a lactonase-producing P. aeruginosa mutant showed reduced lung injury and increased survival as compared to the wild strain. These encouraging results would suggest that the use of lactonases as a topic therapeutic agent could be effective in improving outcome in P. aeruginosa pneumonia.

The aim of our work was to test the efficacy of inhaled lactonase in improving survival of rats with acute P. aeruginosa pneumonia. To do this, we used an engineered variant of the hyperthermophilic lactonase SsoPox (first isolated from the extremophilic archaea Sulfolobus solfataricus) [32]. SsoPox-I, exhibiting a high stability and an improved ability to hydrolyze 3-exo-C12 AHLs. We first tested in vitro the ability of our molecule to reduce, in a P. aeruginosa PAO1 strain, the virulence gene lasB activity, the pyocyanin synthesis, the proteolytic activity and the biofilm formation. Thus, we evaluated the effect of SsoPox-I when delivered early or late intra-tracheally to animals with lungs infected with P. aeruginosa.

**Material and Methods**

**Protein production & purification**

The plasmid encoding SsoPox-I protein was commercially obtained (GeneArt, Invitrogen; Germany). SsoPox-I protein was synthesized in E. coli strain BL21(DE3)pGro7/GroEL (TaKaRa) in ZYP medium [33] containing 100 µg/ml ampicillin and 34 µg/ml chloramphenicol as previously described [22]. The proteins were purified as previously described [34]. Briefly, the culture was incubated at 70°C for 30 minutes, followed by differential ammonium sulfate precipitation, dialysis and exclusion size chromatography. The proteins were quantified using a nanospec spectrophotometer (Nanodrop, ThermoFisher Scientific, France) and subsequently analyzed using a Varioskan Flash multimode plate reader. The luminescence was measured every 10 minutes to determine the QS reporter activity.

**Quantification of pyocyanin synthesis.** Quantification of pyocyanin was performed as previously described [37]. Briefly, P. aeruginosa PAO1 strain was grown in 1 mL of Glycerol-alanine (GA) minimum medium (10 mL/L glycerol, 6 g/L L-alanine, 2 g/L MgSO₄, 0.1 g/L K₂HPO₄, 0.018 g/L FeSO₄) with and without 14 µM of filtered (0.2 µm pore) SsoPox-I enzyme during 24 h at 37°C and 450 rpm shaking in 48-well plate (Greiner Bio-One, Germany). Cells were centrifuged 15 min at 12,000 g and the supernatant was filtered (0.2 µm pore).

**Proteolytic activity.** Measurement of the proteolytic activity was made using azocasein enzymatic assay as previously described [38]. Briefly, P. aeruginosa PAO1 strain was grown in 200 µL of LB medium with and without 14 µM of filtered (0.2 µm) SsoPox-I enzyme during 24 h at 37°C and 450 rpm shaking in 96-well plate. The SsoPox-I enzyme stock solution being in PBS buffer, control cultures were supplemented with equivalent PBS quantity. Cells were centrifuged 15 min at 12,000 g. The reaction was performed in 0.3 M TrisHCl buffer (pH 7.5) with 50 µL of azocasein (Sigma, St. Louis, USA) (30 mg/mL) dissolved in water) and with 50 µL of culture’s supernatant for a final volume of 1.5 mL. The reaction was incubated at 37°C for 1 h and subsequently stopped by addition of 250 µL of 20% (w/v) trichloroacetic acid (TCA). The blank assay was realized using 50 µL of culture medium with and without 14 µM of filtered (0.2 µm pore) SsoPox-I enzyme.

**Biofilm formation assays.** Liquid cultures of P. aeruginosa PAO1 were grown for 18 hours, and subsequently diluted 1:50 in 10% TSB. To examine biofilm susceptibility to SsoPox-I, 100 µl aliquots were dispensed onto Calgary Biofilm Device 96-well plates (MBEC Assay for Physiology & Genetics, Innovotech Inc., Edmonton, Alberta, Canada). A three-fold dilution series from 50 µg to 0.5 µg of SsoPox-I was added to the wells containing P. aeruginosa. The plates were incubated for 4 hours with rocking at 120 Hz at 37°C, and subsequently, the MBEC device with adherent P. aeruginosa biofilms was placed on a fresh 96-well plate and measured at 600 nm. Blank assay was realized using 50 µL of culture medium with and without 14 µM of filtered (0.2 µm pore) SsoPox-I enzyme.
plate containing 100 μl of 1% crystal violet dye in each well for 15 minutes. The MBEC device was subsequently washed three times with 100 μl of water to remove excess dye and allowed to dry. Crystal violet stain was solubilized from the biofilms after placing the MBEC device on a 96-well plate with 100 μl of 100% ethanol in each well. The solubilized crystal violet dye was measured at 600 nm using a Varioskan Flash multimode plate reader (Thermo). The optical density at 600 nm was also used to assess P. aeruginosa PAO1 planktonic growth on the original 96-well plate to determine the effect of SsoPox-I on P. aeruginosa planktonic growth.

In vivo experiments

Ethics statement. The experiments and protocols were performed in accordance with the European law and the French version of this law details the statutory requirements for the live animal experiments (articles R214-87 to R215-10 of Code Rural, law #76-629 from July 10th, 1976/law #2001-464 from May 29th, 2001 (published in JORF on May 31st, 2001)). Consistent with these laws, the experiments were performed under the direct control of the researcher authorized through the Préfecture-des-Bouches-du-Rhône Administration (authorization number: 13–437). The animal experiments were performed in accordance with ‘Animal Research: Reporting In Vivo Experiments’ (ARRIVE Guidelines http://www.nc3rs.org.uk) and the guidelines of the Guide for the Care and Use of Laboratory Animals. All animal experiments were authorized through the National Animal Ethics Committee (Comité National de Réflexion Ethique sur l’Expérimentation Animale (Comité d’éthique de Marseille)). The experiments were performed in the Faculté de Pharmacie-Aix-Marseille University.

The animals were euthanized with an intra-peritoneal injection of a lethal dose of thiopental (Panpharma, France).

General procedures. Adult Sprague-Dawley male pathogen-free rats, weighing 250 to 300 g, were obtained from SAS Janvier (Le-Genest-St-Ise, France) and housed in individual plastic cages (4 animals per cage) in a ventilated pressurized cabinet (A-BOX 160, Noroit, Rezé, France) with free access to water and standard diet food. The rats were anesthetized with 5% Sevoflurane (Abbott, Rungis, France) in 100% oxygen (anesthetizing box, Harvard Apparatus, Les Ulis, France). The trachea was exposed, and they were intubated using a 16-gauge catheter for drug and/or bacterial administration. The awakened rats were housed under the same conditions and weighed daily. At the end of each experiment, the rats were euthanized with an intra-peritoneal injection of a lethal dose of thiopental (Panpharma, France).

Rat tolerance of inhaled SsoPox-I. The tolerance to intratracheal treatment with SsoPox-I was examined in a preliminary study on 3 groups of animals (n = 3 per group) receiving 250 μl of SsoPox-I at a concentration of 0.1, 1 or 10 mg/ml and compared with 5 control animals receiving 250 μl of PBS. After the treatment, signs of bad tolerance of the molecule were investigated i.e. shortness of breathing, prostration and atony or weight loss above 10% from baseline. Spontaneous mortality was also recorded. One animal from each group was sacrificed after 6, 24 and 48 hours. The remaining animals were sacrificed after 48 hours. Subsequently, the lungs were removed, macroscopically examined, and preserved in formaldehyde for histological assessment of lung damage.

Rat respiratory infection model and SsoPox-I treatment. Three groups of 20 animals were infected through intratracheal inoculation with 250 μl of a PBS solution containing 10^5 CFU/ml of P. aeruginosa PAO1. Among the 3 groups of infected rats, one group received immediately after infection 250 μl of PBS (non-treated group: NT); while another group was treated with 250 μl of SsoPox-I at a concentration of 1 mg/ml (immediate treatment group: IT). The last group received 250 μl of 1 mg/ml SsoPox-I at 3 hours after infection (deferred treatment group: DT). SsoPox-I and additional PBS were delivered intra-tracheally using the same anesthetic procedure as used for the infection.

Lung processing and blood or spleen samples. After infection, the animals were observed for 2 days, and spontaneous mortality was examined. Animals’ conditions and clinical status were checked every 2 hours. Humane endpoints were used during the survival study. If animals had one of the following signs, they were anesthetized and euthanized with an intra-peritoneal injection of a lethal dose of thiopental (Panpharma, France) to avoid suffering:

- Major dyspnea with noisy breathing and head or neck movements associated with breathing
- Prostration and atony
- Weight loss>20% of initial body weight

The remaining rats were euthanized after 48 hours. Subsequently, the lungs were removed aseptically. The right lung was homogenized in PBS for bacterial culture, and the left lung was preserved for histological analysis. The blood and spleen were sampled and cultured on agar plates to assess systemic diffusion of the bacteria.

Histological severity score (HSS). Sections (3 mm thick) were obtained from the upper, mid and lower parts of the lungs, including the entire circumference. The sections were stained with hematoxylin and eosin. A pathologist blinded to the group identity (H. L.) examined the samples. The HSS was calculated based on the number of bronchopneumonia lesions (0, no lesions; 1, 30 lesions/lung; 2, >30 lesions/lung; 3, confluent lesions of bronchopneumonia), as previously reported [39,40].

Statistics

The number of studied animals (20 animals per group) was calculated based on a mortality reduction from 80% in the NT group infected with PAO1 to an expected mortality rate of 50% in the treated groups, with 90% statistical power and a two-sided alpha value of 0.05. The data were expressed as the means ± standard deviation (SD) or median [inter-quartile range, IQR] according to the distribution of the data. Student’s t-test or the Mann-Whitney rank-sum test were used for inter-group comparisons. Kaplan-Meier analysis was performed to evaluate 48-h mortality. Intergroup differences were evaluated using the log rank test. The data analysis was performed with SPSS for Windows (Chicago, IL), version 12.0. A value of ρ≤0.05 was considered statistically significant.

Results

Protein production & purification

See Fig. S1 in supplementary material.

In vitro experiments

We monitored the lasB activity in a P. aeruginosa PAO1 strain carrying the PlasB-luxCDABE plasmid. We showed that the addition of SsoPox-I significantly reduced the levels of lasB activity (Fig 1A). Moreover, this inhibition exhibited a dose-dependent profile with a half inhibition concentration ([CI/2]) of the enzyme of approximately 0.5 μg/ml (Fig 1A).
Pyocyanin secretion was affected by the presence of SsoPox-I and presented a 4 fold drop in quantity as compared to the control (Fig. 1B).

Cultures of PAO1 made in presence of 14 μM SsoPox-I showed after 24 h a clear drop of protease activity followed using azocasein assay. Protease activity in presence of SsoPox-I was beyond detection limit (Fig. 1C).

The biofilm assay showed that SsoPox-I reduced biofilm formation in a dose-dependent manner with a [C1,2] = 170 μg/ml (Fig. 1D).

Interestingly, SsoPox-I did not significantly affect the rate of P. aeruginosa growth. Indeed, even at the highest enzyme dose (5 mg/ml), the optical density of the cell culture did not significantly differ from that of the control experiment with no treatment (Fig. S2).

In vivo experiments

Rat tolerance to inhaled SsoPox-I. The effects of SsoPox-I treatment on rat tissues were investigated. On the 9 rats that received SsoPox-I into the trachea, none exhibited any sign of bad tolerance including in the group that received the highest dose. The weight curve of treated rats was not different to control animals and no animal lost weight. There was no spontaneous mortality after 48-hours observation in the treated group as well as in the control group. After sacrifice, the lungs were harvested and the macroscopic examination showed no signs of injury. Histological assessment showed that there was no sign of lung damage 6, 24 or 48 hours after the treatment including in the group receiving the highest dose of SsoPox-I.

Rat respiratory infection model and SsoPox-I treatment. The influence of SsoPox-I on pulmonary P. aeruginosa infection was monitored in 3 groups of 20 rats. The spontaneous mortality rate was 75% (15/20) in the non-treated

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In Fig. 1, the effects of SsoPox-I on PAO1 virulence factors expression and biofilm formation are illustrated. 1A: lasB activity. The chart shows the lasB activity in treated cultures, expressed as the percentage of that in untreated controls (no SsoPox-I), and these data represent the average of three independent experiments, each with three technical replicates. The error bars represent 95% confidence intervals. Student’s t test p < 0.05 for SsoPox-I. T tests were used for the comparison of baseline with the highest dose of enzyme. 1B: pyocyanin synthesis. Pyocyanin quantification of P. aeruginosa PAO1 strain after 24 h growth in GA medium was assessed in presence (black) or absence (gray) of 14 μM of SsoPox-I lactonase. Pyocyanin quantity was followed at A690 as per number of cells (A600). 1C: proteolytic activity. Proteolytic activity of P. aeruginosa PAO1 strain after 24 h growth in LB medium was assessed in presence (black) or absence (grey) of 14 μM of SsoPox-I lactonase. Proteolytic activity was measured by the azocasein assay (A366 h⁻¹) as per number of cells (A600). ND stands for non-detected activity. 1D: biofilm formation. Biofilms were grown in an MBEC device as described in the methods section. The dose-dependent inhibition of P. aeruginosa biofilm formation through SsoPox-I was observed and analyzed using Student’s t test p = 0.05 for SsoPox-I.

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group (NT). When the rats were treated with SsoPox-I (1 mg/ml) immediately after infection (IT), the mortality rate was significantly reduced to 20% (4/20) (p = 0.0001 vs. NT). The protective effect of lactonase on mortality was less significant in the deferred treatment (DT) group, where the treatment was administered at 3 hours after the infection (mortality rate of 50% (10/20) (p = ns vs. NT) (Fig. 2). However, in the DT group, the mean delay of mortality was significantly longer than that in the control group (respectively 26±9.5 vs. 17±9.2 hours; p = 0.04).

In addition to death, other parameters were monitored during the infection, including the weight of the animals. We observed that the loss of body weight, measured from the day of infection until the day of death, was significantly less important in the IT group than in the NT group (11.3±12 g vs. 20.4±9.3 g respectively; p = 0.01). The DT group lost 25.6±1.82 g of body weight (p = ns vs. NT group).

Notably, consistent with the increased survival rate observed in the IT group, we also observed that compared with the NT group, the damage to the lungs of the animals in the IT group was less significant (Fig. 3), as revealed by a significantly lower HSS (HSS IT group vs. NT group: 1.27±0.6 vs. 2.64±0.4; p = 0.005). In the DT group, the mean HSS was not significantly different from that in the NT group.

Moreover, we also investigated the potential effects of lactonase treatment on the lung bacterial count, associated with the increased survival observed in the IT group. We observed that the lung bacterial count did not significantly differ between the 3 groups (CFU/g of lung in median [inter-quartile range]: 3.3×10⁶ [5.6×10⁵–1.3×10⁷] in the NT group; 1.3×10⁵ [9.2×10⁴–1.0⁷] in the IT group; and 10⁵ [8.4×10⁴–7.8×10⁵] in the DT group) (Fig. 4).

Finally, there was no difference concerning the number of animals with positive blood or spleen culture at the time of death between the 3 groups (n/tot (%): 8/20 (40%) in the NT group; 7/20 (35%) in the IT group; 10/20 (50%) in the DT group; p = NS).

**Discussion and Conclusions**

In the present study, we used both *in vitro* and *in vivo* experiments to show that the lactonase SsoPox-I was able to decrease the activity of *lasB* virulence gene, the synthesis of P. aeruginosa PAO1.
P. aeruginosa. Our model was consistent with previous ones showing a high and early lethality within the 24–48 first hours [43–47]. On histological analysis, the lungs of untreated animals exhibited important and confluent lesions of broncho-pneumonia arguing for the correlation between death and severity of pneumonia. In addition, nearly one half of the animals had bacteremia which probably contributed to the high mortality rate. In this model, SsoPox-I significantly decreased the mortality rate from 75% in the non-treated group to 20% in the group treated immediately after infection. This observation is consistent with the dramatic reduction in the lung damage observed in the treated group. The results are also consistent with previous studies showing that infections with QS-deleted strains of P. aeruginosa were less severe in several infection models [48][49].

SsoPox-I did not significantly reduce lung lesions and rat mortality when administrated at 3 hours after the onset of infection. This ineffectiveness might be due to the use of a highly lethal model of infection (death in 48 hours). The preventive action of SsoPox-I might be higher than its curative effect as previously observed for QSI [22]. QS is indeed under a positive retro-control regulation [50]: when the bacterial quorum is reached, the inhibition of Q5 is more difficult because of the self-stimulating properties of bacteria.

In our study, the innovative molecule SsoPox-I was administered intra-tracheally within the 3 first hours of infection. This design was chosen to approach clinical preventive therapeutic methods used in patients at risk for P. aeruginosa infections, such as ICU patients. However, our model did not totally mimic clinical settings primarily because of the high amount of bacteria given in one inoculation.

No difference in the lung bacterial burden was observed between the control group and the 2 treated groups regardless the time of administration of the molecule. While surprising, these results are consistent with our in vitro findings on bacterial cultures in which lactonase adhesion to the media did not influence P. aeruginosa growth. These results agree with those of Migiyama et al. [31] who showed similar bacterial count with animals infected with wild-type P. aeruginosa and their lactonase-producing mutant strain. It remains however unknown whether the improved survival could be due to a less invasive activity of the microorganism towards the lung parenchyma and/or to change in the host-pathogen interaction regardless the bacterial load.

In summary, SsoPox-I presents several properties that could increase the therapeutic arsenal, particularly in the field of nosocomial pneumonia. In contrast to antibiotics, quorum-quenching strategies do not impose drastic selection pressure on bacterial survival. Therefore, treatments with lactonases such as SsoPox-I might not or only slightly, promote the emergence of resistance [7][31]. Interestingly, due to their ability to reduce biofilm formation, lactonases could restore susceptibility to antibiotics in drug-resistant strains as previously observed with tobramycin in animal models [52]. Because of its mechanisms of action involving a modulation of the QS, azithromycin has been recently shown in a randomized controlled trial to reduce the incidence of ventilator-acquired pneumonia in pseudomonas colonized patients [53] showing the growing interest of QS inhibitors in clinics.

To conclude, our results open the way to further investigations assessing SsoPox-I as a possible tool in antimicrobial strategy.
Supporting Information

Figure S1 SDS-PAGE of SsoPox-I. Twenty-five μg of SsoPox-I (left band) were deposited next to a Molecular weight Marker (MrMW, right panel) [Mulicilc broad range protein ladder, Euromedex]. (TIF)

Figure S2 The growth of P. aeruginosa in the presence of SsoPox-I. A small decrease in P. aeruginosa growth was observed at the highest concentration of SsoPox-I; however, this effect was not significant (Student’s t test p = 0.67). The chart shows percentage of the highest concentration of SsoPox-I, performed with three technical replicates. The error bars represent 95% confidence intervals. (TIF)

References

17. Author Contributions

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Conceived and designed the experiments: SH JH FB EC MS ME JL HL. Performed the experiments: SH JH FB EC MS ME JL HL. Analyzed the data: SH JH FB EC MS ME JL. Contributed reagents/materials/analysis tools: LP JMR DR. Wrote the paper: SH JH FB EC MS ME JL.

Checklist S1 Arrive guidelines. (PDF)


