STROBE Statement—Checklist of items that should be included in reports of *cohort studies*

	Item No	Recommendation
Title and abstract	1	\square (a) Indicate the study's design with a commonly used term in the title or the
		abstract
		\square (b) Provide in the abstract an informative and balanced summary of what was
		done and what was found
Introduction		
Background/rationale	2	☑ Explain the scientific background and rationale for the investigation being
		reported
Objectives	3	☑ State specific objectives, including any prespecified hypotheses
Methods		
Study design	4	☑ Present key elements of study design early in the paper
Setting	5	☑ Describe the setting, locations, and relevant dates, including periods of
		recruitment, exposure, follow-up, and data collection
Participants	6	\square (a) Give the eligibility criteria, and the sources and methods of selection of
		participants. Describe methods of follow-up
		NOT APPLICABLE (b) For matched studies, give matching criteria and number of
		exposed and unexposed
Variables	7	☑ Clearly define all outcomes, exposures, predictors, potential confounders, and
		effect modifiers. Give diagnostic criteria, if applicable
Data sources/	8*	☑ For each variable of interest, give sources of data and details of methods of
measurement		assessment (measurement). Describe comparability of assessment methods if there is
		more than one group
Bias	9	☑ Describe any efforts to address potential sources of bias
Study size	10	☑ Explain how the study size was arrived at
Quantitative variables	11	☑ Explain how quantitative variables were handled in the analyses. If applicable,
		describe which groupings were chosen and why
Statistical methods	12	\square (a) Describe all statistical methods, including those used to control for
		confounding
		\square (b) Describe any methods used to examine subgroups and interactions
		\square (c) Explain how missing data were addressed
		\square (d) If applicable, explain how loss to follow-up was addressed
		NOT PERFORMED (e) Describe any sensitivity analyses
Results		
Participants	13*	☑ (a) Report numbers of individuals at each stage of study—eg numbers potentially
		eligible, examined for eligibility, confirmed eligible, included in the study,
		completing follow-up, and analysed
		☑ (b) Give reasons for non-participation at each stage
		☑ (c) Consider use of a flow diagram
Descriptive data	14*	☑ (a) Give characteristics of study participants (eg demographic, clinical, social)
		and information on exposures and potential confounders
		☑ (b) Indicate number of participants with missing data for each variable of interest
		☑ (c) Summarise follow-up time (eg, average and total amount)
Outcome data	15*	☑ Report numbers of outcome events or summary measures over time
Main results	16	☑ (a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates
		and their precision (eg, 95% confidence interval). Make clear which confounders
		were adjusted for and why they were included

	NOT APPLICABLE (b) Report category boundaries when continuous variables
	were categorized
	NOT APPLICABLE (c) If relevant, consider translating estimates of relative risk
	into absolute risk for a meaningful time period
17	☑ Report other analyses done—eg analyses of subgroups and interactions, and
	sensitivity analyses
18	☑ Summarise key results with reference to study objectives
19	☑ Discuss limitations of the study, taking into account sources of potential bias or
	imprecision. Discuss both direction and magnitude of any potential bias
20	☑ Give a cautious overall interpretation of results considering objectives,
	limitations, multiplicity of analyses, results from similar studies, and other relevant
	evidence
21	☑ Discuss the generalisability (external validity) of the study results
22	Give the source of funding and the role of the funders for the present study and, if
	applicable, for the original study on which the present article is based
	18 19 20 21

^{*}Give information separately for exposed and unexposed groups. (NOT APPLICABLE SINCE PARTICIPANTS WERE ALL EXPOSED)

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at http://www.strobe-statement.org.