S1 Table: STROBE Statement—checklist of items that should be included in reports of observational studies

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|  | Item No | Recommendation | Reported in section |
| **Title and abstract** | 1 | (*a*) Indicate the study’s design with a commonly used term in the title or the abstract | Abstract |
| (*b*) Provide in the abstract an informative and balanced summary of what was done and what was found | Abstract |
| Introduction |  |
| Background/rationale | 2 | Explain the scientific background and rationale for the investigation being reported | Introduction, paragraphs 1-5 |
| Objectives | 3 | State specific objectives, including any prespecified hypotheses | Introduction, paragraph 6 |
| Methods |  |
| Study design | 4 | Present key elements of study design early in the paper | Methods, paragraph 1 |
| Setting | 5 | Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection | Methods, paragraphs 1-2 |
| Participants | 6 | (*a*) *Cohort study*—Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up*Case-control study*—Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls*Cross-sectional study*—Give the eligibility criteria, and the sources and methods of selection of participants | Methods, paragraphs 1-2 |
| (*b*)*Cohort study*—For matched studies, give matching criteria and number of exposed and unexposed*Case-control study*—For matched studies, give matching criteria and the number of controls per case |  |
| Variables | 7 | Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable | Methods, paragraphs 2-9 |
| Data sources/ measurement | 8\* | For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group | Methods, paragraphs 2-9 |
| Bias | 9 | Describe any efforts to address potential sources of bias | Methods, paragraphs 5, 7-9, 11  |
| Study size | 10 | Explain how the study size was arrived at | Methods, paragraphs 1-2, 11 |
| Quantitative variables | 11 | Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why | Methods, paragraphs 2-8 |
| Statistical methods | 12 | (*a*) Describe all statistical methods, including those used to control for confounding | Methods, paragraphs 9-11 |
| (*b*) Describe any methods used to examine subgroups and interactions | Methods, paragraphs 7, 9-10  |
| (*c*) Explain how missing data were addressed | Methods, paragraph 11 |
| (*d*) *Cohort study*—If applicable, explain how loss to follow-up was addressed*Case-control study*—If applicable, explain how matching of cases and controls was addressed*Cross-sectional study*—If applicable, describe analytical methods taking account of sampling strategy | Methods, paragraph 9 |
| (*e*) Describe any sensitivity analyses | Methods, paragraph 10 |

*Checklist continues on next page*

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| Supplementary table 1, continued: STROBE Statement—checklist of items that should be included in reports of observational studies |  |
| Results | Reported in section |
| Participants | 13\* | (a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed | Results, paragraph 1 |
| (b) Give reasons for non-participation at each stage | N/A |
| (c) Consider use of a flow diagram | N/A |
| Descriptive data | 14\* | (a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders | Results, paragraphs 1-2, Fig 1 |
| (b) Indicate number of participants with missing data for each variable of interest | Results, paragraph 1 |
| (c) *Cohort study*—Summarise follow-up time (eg, average and total amount) | N/A |
| Outcome data | 15\* | *Cohort study*—Report numbers of outcome events or summary measures over time | N/A |
| *Case-control study—*Report numbers in each exposure category, or summary measures of exposure | N/A |
| *Cross-sectional study—*Report numbers of outcome events or summary measures | Results, paragraph 1Supplement, S7-S8 Fig  |
| Main results | 16 | (*a*) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included | Supplement, S7-S8 Fig Results, Tables 1–3 (adjusted) |
| (*b*) Report category boundaries when continuous variables were categorized | Methods, paragraphs 2-8 |
| (*c*) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period | Results, Tables 1–3 |
| Other analyses | 17 | Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses | Results, paragraphs 1, 15-17 |
| Discussion |  |
| Key results | 18 | Summarise key results with reference to study objectives | Discussion, paragraphs 1-3 |
| Limitations | 19 | Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias | Discussion, paragraphs 5-7 |
| Interpretation | 20 | Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence | Discussion, paragraphs 1-4, 8 |
| Generalisability | 21 | Discuss the generalisability (external validity) of the study results | Discussion, paragraphs 6-7 |
| Other information |  |
| Funding | 22 | Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based | Provided directly to journal and not included in manuscript at journal’s request |