**S1 Fig. PRISMA Flow Diagram for Study Selection Process**

## Identification

Records identified through database searching:

PubMed (2004- July 2014): n = 321 Cochrane Database of Systematic Reviews: n = 25

Additional records identified through other sources:

n = 5

## Screening

Records screened after duplicates removed
(n = 343)

Records excluded
n = 311

Records of systematic reviews included: n = 32

## Eligibility

## Included

Additional citations screened/identified by reviewers: n = 11

Citations screened from PubMed ‘related search’:
n = 3604\*

Citations screened from included systematic reviews: n = 712

Articles included in both qualitative and quantitative synthesis/meta-analysis: n = 88 (studies included n = 71)

Full-text articles excluded: n = 246

* Non- relevant population and/or comparison: 124
* Follow-up < 1 year: 71
* Non-relevant outcome: 47
* Other: 4

Full-text articles of clinical trials assessed for eligibility:
n = 334

Records excluded
n = 3993

\*Related search based on 71 included articles as of 5th September 2014