|  |  |  |  |
| --- | --- | --- | --- |
| **Variable** | **h**2 | **SE** | **P-value** |
| Total physical activity | 0.21 | 0.10 | 0.01 |
| MVPA\* | 0.17 | 0.09 | 0.04 |
| Sedentary | 0.25 | 0.09 | 0.004 |