Supplemental Figure 8 Visual representation of the steps used to position the individual spectrin repeats in the Chinese Finger Trap model. A. Each spectrin repeat is aligned along the Z-Axis. B. Next a “roll” is applied to each spectrin repeat. C. Next, a pitch is added to each spectrin repeat, which varies according to the final length of spectrin tetramer. D. Next, the spectrin repeat is translated perpendicular to the Z-Axis to add a radius. Like the pitch, this parameter varies according to the final length of the spectrin tetramer. After these adjustments have been implemented, the spectrin repeats are consecutively rotated in 90° increments about the Z-Axis and translated to the desired helical arrangement of the Chinese Finger Trap geometry.